## 01 Top Hat with two $1 / 4$ rolls up, 1/2 roll, two $1 / 4$ rolls down

From upright pull through a $1 / 4$ loop into a vertical upline, perform consecutively two $1 / 4$ rolls, pull through $1 / 4$ loop, perform a $1 / 2$ roll, push through a $1 / 4$ loop into a vertical downline, perform consecutively two $1 / 4$ rolls, push through a $1 / 4$ loop, exit inverted.

## 02 1/2 Square Loop with $\mathbf{1 / 2}$ roll from inverted

Push through a $1 / 4$ loop into a vertical upline, perform a $1 / 2$ roll, pull through a $1 / 4$ loop, exit inverted.

## 03 Pull-Pull-Push Humpty-Bump with roll, $\mathbf{1 / 2}$ roll from inverted

Fly past centre pull through a $1 / 4$ loop into a vertical downline, perform a roll, pull through a $1 / 2$ loop into a vertical upline, perform a $1 / 2$ roll, push through a $1 / 4$ loop, exit upright.

04 1/2 Square Loop on Corner with 1/2 roll, $\mathbf{1 / 2}$ roll
From upright, push through a $1 / 8$ loop into a $45^{\circ}$ downline, perform a $1 / 2$ roll, pull through a $1 / 4$ loop into a $45^{\circ}$ downline, perform a $1 / 2$ roll, push through a $1 / 8$ loop, exit inverted.
$0545^{\circ}$ Upline, with one and a $1 / 2$ snap roll
From inverted, push through a $1 / 8$ loop into a $45^{\circ}$ upline, perform one and a $1 / 2$ snap roll, push through a $1 / 8$ loop, exit upright.

## 06 1/2 Eight-sided Loop

From upright push through a $1 / 8$ loop into a $45^{\circ}$ downline, push through a $1 / 8$ loop into a vertical downline, push through a $1 / 8$ loop into a $45^{\circ}$ downline, push through a $1 / 8$ loop, exit inverted.

07 Roll Combination with two consecutive $\mathbf{1 / 2}$ rolls, two consecutive $\mathbf{1 / 2}$ rolls in opposite direction
From inverted perform consecutively two $1 / 2$ rolls, two $1 / 2$ rolls in opposite direction, exit inverted.

## 08 Pushed Immelmann Turn with $\mathbf{1 / 2}$ roll

From inverted push through a $1 / 2$ loop, perform a $1 / 2$ roll, exit inverted.

## 09 Inverted Spin two and a 1/2 turns

From inverted, perform an inverted spin with $21 / 2$ turns, perform a vertical downline, pull through a $1 / 4$ loop, exit upright.

## 10 Pull-Pull-Push Humpty-Bump, with $\mathbf{1 / 2}$ rolls. (Option: three $\mathbf{1 / 4}$ roll, $\mathbf{1 / 4}$ roll)

From upright, pull through a $1 / 4$ loop into a vertical upline, perform a $1 / 2$ roll, pull through a $1 / 2$ loop into a vertical downline, perform a $1 / 2$ roll, push through a $1 / 4$ loop, exit inverted. Option: From upright pull through a $1 / 4$ loop into a vertical upline, perform a $3 / 4$ roll, pull through a $1 / 2$ loop into a vertical downline, perform a $1 / 4$ roll, push through a $1 / 4$ loop, exit inverted.

11 Reverse Figure ET with two consecutive $\mathbf{1 / 2}$ rolls in opposite direction, two consecutive $\mathbf{1 / 4}$ rolls
From inverted push through a $1 / 8$ loop into a $45^{\circ}$ upline, perform consecutive two $1 / 2$ rolls in opposite direction, pull through a $7 / 8$ loop to a vertical upline, perform consecutively two $1 / 4$ rolls, push through a $1 / 4$ loop, exit upright. Note: The vertical line must be in the centre

12 1/2 Square Loop with $1 / 2$ roll
From upright push through a $1 / 4$ loop into a vertical downline, perform a $1 / 2$ roll, pull through a $1 / 4$ loop, exit upright.

## 13 Crossbox Figure $M$, with three $1 / 4$ rolls

From upright pull through a $1 / 4$ loop into a vertical upline, perform a $3 / 4$ roll, perform a stall turn into a vertical downline, push through a $1 / 2$ loop into a vertical upline, perform a stall turn to a vertical downline, perform a $3 / 4$ roll, pull through a $1 / 4$ loop, exit upright.

## 14 Fighter Turn with $1 / 4$ rolls

From upright pull through a $1 / 8$ loop into a $45^{\circ}$ upline, perform a $1 / 4$ roll, push through a $1 / 2$ knife-edge circle into a $45^{\circ}$ downline, perform a $1 / 4$ roll, pull through a $1 / 8$ loop, exit upright.

15 Triangle with $\mathbf{1 / 2}$ roll, two consecutive $1 / 4$ rolls, two consecutive $\mathbf{1 / 4}$ rolls, $1 / 2$ roll
From upright perform a $1 / 2$ roll in the centre, push through a $3 / 8$ loop into a $45^{\circ}$ upline, perform consecutively two $1 / 4$ rolls, pull through a $1 / 4$ loop into a $45^{\circ}$ downline, perform consecutively two $1 / 4$ rolls, push through a $3 / 8$ loop, perform a $1 / 2$ roll in the centre, exit upright.

## 16 Shark Fin with $\mathbf{1 / 2}$ roll, two consecutive $1 / 4$ rolls

From upright pull through an $1 / 4$ loop into a vertical upline, perform a $1 / 2$ roll, push through a $3 / 8$ loop into a $45^{\circ}$ downline, perform consecutively two $1 / 4$ rolls, push through a $1 / 8$ loop, exit inverted.

| \# | Beskrivelse | K |
| :---: | :---: | :---: |
| 1 | Top Hat, with two $1 / 4$ rolls up, $1 / 2$ roll, two $1 / 4$ rolls down | 4 |
| 2 | 1/2 Square Loop with $1 / 2$ roll from inverted | 2 |
| 3 | Humpty-Bump with roll, $1 / 2$ roll from inverted | 4 |
| 4 | 1/2 Square Loop on corner, with 1/2 roll, $1 / 2$ roll | 3 |
| 5 | $45^{\circ}$ Upline, with one and a $1 / 2$ snap roll | 5 |
| 6 | 1/2 Eight-sided Loop | 3 |
| 7 | Roll Combo, with two $1 / 2$ rolls + two $1 / 2$ rolls opposite | 4 |
| 8 | Immelmann, with $1 / 2$ roll | 2 |
| 9 | Inverted Spin, 2-1/2 turns | 4 |
| 10 | Humpty-Bump, with $1 / 2$ rolls. (Option: three $1 / 4$ roll, $1 / 4$ roll) | 3 |
| 11 | Reverse Figure ET, with 2 opposite $1 / 2$ rolls, two $1 / 4$ rolls | 4 |
| 12 | 1/2 Square Loop, with $1 / 2$ roll | 2 |
| 13 | Cross-box Figure M, with $3 / 4$ rolls | 5 |
| 14 | Fighter Turn, with $1 / 4$ rolls | 4 |
| 15 | Triangle loop, with $1 / 2$ roll, $21 / 4$ rolls, $21 / 4$ rolls, $1 / 2$ roll | 3 |
| 16 | Shark Fin, with 1/2 roll, $21 / 4$ rolls | 3 |
| 17 | Loop, with $1 / 2$ roll integrated over top $90^{\circ}$ | 5 |



